

Recreation Programs

LGS RECREATION PROGRAMS

Los Gatos Saratoga (LGS) Recreation programs offer life-long education to help you continue your personal growth and development. A wide variety of educational, enrichment and sports courses and programs are available to people of all ages.

(408) 354-8700 | <http://www.lgsrecreation.org>

Adult programs and classes: <http://www.lgsrecreation.org/adults/adults-classes/>

Youth programs and classes: <http://www.lgsrecreation.org/youth/youth-classes/>

55 PLUS RECREATION PROGRAM

The LGS Recreation 55 Plus Program is dedicated to ensuring access to recreational, educational, and wellness opportunities for adults age 55 & better throughout Los Gatos, and surrounding area. Our Los Gatos site is located at the Adult Recreation Center on located on 208 East Main Street. Our goal is to provide a sense of belonging and encourage older adults to treat 55 Plus as an opportunity to re-invent themselves, gain fresh perspectives, make new friends and enjoy more adventures. Join one of the many groups and programs. Please see Calendar below for our 55 plus Activities or visit our Adult Classes link for ongoing Recreation Classes. Programs of all kinds help those in the 55 plus age group move into new areas of enrichment and fulfillment.

Check out the [55 Plus Newsletter link](#) and the [Newsletter Events Calendar!](#)

55 Plus programs: <http://www.lgsrecreation.org/adults/55-plus/>

55 Plus services:

The 55 Plus program makes available senior services through classes and referrals. Check out their information and referral services with community providers at the web site below or see the latest updates in the 55 Plus Newsletter located on the above webpage link.

408-354-1514 | <http://www.lgsrecreation.org/adults/55-plus/services/>